



Single Moms' and Their Stories by: Alexandra Ramberg

Trying to juggle being a parent, having a job and being in a relationship is hard. Just imagine how hard it must be doing it all alone. Some women are just natural mothers and can handle it pretty well, while others break down from all the stress. Michelle Reiff, Lori Denny, Regina Ryan, and Liz Logan explained their life as single moms.

Dating is a very difficult thing to do when you're a single mom. They have to find babysitters if they want to go out. They also have to work all the time to be able to financially take care of their child. "Jake is my first priority, I don't date unless he's

worth it", said Liz Logan. All of the mothers agreed that it wasn't hard telling anyone that they had a child, because that's one of the most important things to mention.

At times, the child doesn't always get along or like the guy his or her mother is dating. It's very important that they like them. "I wouldn't let my daughter meet the guy unless I knew he was worth the time", stated Ms. Denny. Whenever Regina wanted to date, her sons were very protective of her. "They didn't want to see me get hurt again". It was difficult for her because of the past relationship she had. She and her boys had a hard time trusting the men who wanted to date

her.

Sometimes when a mother starts dating again, her ex won't necessarily like the fact that she's with another person. When Michelle started dating, her ex had a huge problem with the situation. "He was a miserable person, so if he wasn't happy he thought no one else should be".

There are many problems that you can face being a single mom, especially when you're young and are alone through it. You face new difficulties, many challenges, but fortunately it makes you stronger.

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History of Valentine's Day By: Lexi Boucier

Every February 14, across the United States and in other places around the world, candy, flowers and gifts are exchanged between loved ones, all in the name of St. Valentine. Who is this mysterious saint, and where did these traditions come from? We do know that February has long been celebrated as a month of romance, and that St. Valentine's Day, as we know it today, contains parts of both Christian and ancient Roman tradition. But who was Saint Valentine?

The Catholic Church recognizes at least three different saints named Valentine or

Valentinus, all of who were martyred. One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men. Valentine went against Claudius and continued to marry the young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

Other stories suggest that Valentine may have been killed for attempting to help

Christians escape harsh Roman prisons, where they were often beaten and tortured. According to one legend, an imprisoned Valentine actually sent the first "valentine" greeting himself after he fell in love with a young girl who visited him during his confinement. Before his death, it is alleged that he wrote her a letter signed "From your Valentine," an expression that is still in use today. Although the truth behind the Valentine legends is murky, the stories all emphasize his appeal as a sympathetic, heroic and--most importantly--romantic figure.

(con't. on p. 7)



“I love him and support him, but his basketball career interferes with our family life.”



Professional Sports and Relationships by: Robbie Garcia

Have you ever dreamed of being a professional athlete? Many people do but they also don't know what happens after the games. Many professional athletes have girlfriends and even wives but that doesn't stop them from partying and sleeping with other women. With the money and fame it isn't hard for athletes to hook up with many women.

Earvin (Magic) Johnson admitted to having up to 10 women waiting for him after each game. No matter where he played after he could go out and have a good time with these young women. But little did he know it would take a huge toll on his basketball career and family. Magic Johnson had the AIDS virus. When Johnson told his wife he

was scared, they had just gotten married and she was pregnant. Magic Johnson slept with over 10,000 women in his basketball career, while he was in a relationship with a faithful woman.

Superstar Kobe Bryant has cheated on his wife with over 105 women. One of those women claimed that Bryant raped her. After receiving a tour of a lodge and spa Kobe Bryant had intercourse with the woman from which he received the tour. She claims that he raped her from behind. All while he had a wife. Because it was easy for Bryant to be with as many good looking young women as he wanted he got carried away and ended up raping a tour guide at a

spa. In an interview his wife said “It is hard to live each day knowing what he did. I love him and I support him but his basketball career definitely interferes with our family life.”

The show “Basketball Wives” shows the difficulties of being married to a professional athlete. It is a reality show filmed in Miami, Fl that includes the wives of famous basketball players. They discuss the things they must give up in a relationship but they do it because they love the men. The main factor the wives have to worry about is the man not being faithful even though the women are.



Hollywood Make-Ups and Break-ups By: Amanda Cohen

Demi and Ashton

Demi Moore is filing for divorce after ending their marriage that started in September of 2005. Demi is very upset about ending the six year marriage. Being a woman, a wife, and a mother there are values that she has to uphold. They have been communicating through twitter and Ashton says that "Marriage is one of the most difficult things in the world and unfortunately sometimes they fail." Demi says most of the relationship was a surprise. With marrying Demi,

Kutcher gained three children. His extra affairs have shocked the public. Many believed they were the perfect couple.

Kim and Kris

Kim Kardashian filed for divorce 72 days after her wedding with Kris Humphries. Kris believes that the whole marriage was a fraud and she had no intention to stay married. Kim seems to have done everything for attention. Kim is always trying to get the attention of the media and the public and

this wedding was no different.

Will and Jada

Rumors about Jada and Will getting a divorce are false. It was all for publicity for Jada's television show, *Hawthorne*. After the rumors began circulating the show was cancelled. The show may be done but not the marriage. The couple will continue together and hopefully keep making movies.



"Kim seems to have done everything for attention!"



“Playlists can be made for almost every aspect of your life. Love, romance and break-ups are no different.”

This Thing We Call Love

by Shelica Anastari

Love. Love is expressed in all sorts of ways. And the beauty of music helps us create all those special emotions. From having your first crush, falling in love, to losing that special someone, music is the answer.

Crush Playlist : Having that secret crush of yours right before your eyes. Seeing him/her swift through the hallways and you feel like an angel has just drifted across your way. That magical moment when you locked eyes for an entire two seconds, and it made your entire week. There is that unfortunate downside which most of us have experienced, when you have the biggest crush on someone and that special person doesn't even know you exist. These songs describe it all.

Boyfriend	Big Time Rush	Pop
Enchanted	Taylor Swift	Country
It Girl	Jason Derulo	Hip-Hop
Jump Then Fall	Taylor Swift	Country
She Will Be Loved	Maroon 5	Rock/Pop
That Song In My Head	Julianne Hough	Country
Hey, Soul Sister	Train	Alternative Rock

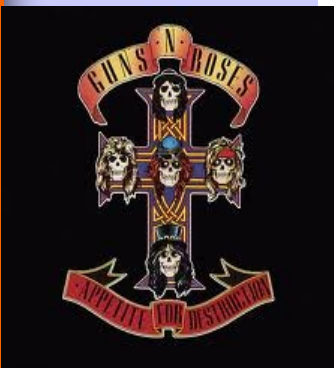
Love Playlist: That magical moment when you fall in love. They say it takes a person seven times in falling in love, before they truly find their soul mate. Is that really true? Well I guess we all tell our different stories. Falling in love for that special someone is a feeling like no other. You feel like you're in a fairytale, a perfect world that you can't even believe it's reality. An endless feeling that makes you go speechless. These songs put emotions in words.

ChrisB. - With You	Chris Brown	Pop/R&B
Everything I Do(I Do It For You)	Bryan Adams	Pop/Rock
Faithfully	Journey	Pop
How Do I Live Without You	Leann Rimes	Country
Grenade	Bruno Mars	Pop/Rock
I Don't Want to Miss a Thing	Aero Smith	Armageddon
I Love You This Big	Scotty McCreery	Country
Love Story	Taylor Swift	Country
Marry Me	Train	Alternative Rock
Then	Brad Paisley	Country
Your Everything	Keith Urban	Country

Break-up Playlist: Heart-broken, shattered into pieces, angry, at the person you lost. Gone out of your life in an instant in a matter of seconds. Lost with words with the sudden situation. Wanting and begging for that person back, because you wouldn't know what to do without them. Or in other situation where the person who thought you loved, hurts you and turns out to be a two-timing backstabber. That moment when you're enraged with anger and take on revenge.

Absolutely Zero	Jason Mraz	Pop
Before He Cheats	Carrie Underwood	Country
I Used to Love Her	Guns n' Roses	Rock
Baby	Justin Beiber	Pop/R&B
Back to December	Taylor Swift	Country
Are You Lonesome Tonight	Elvis Presley	Gospel/Blues
Here Comes Goodbye	Rascal Flatts	Country
Better Than Revenge	Taylor Swift	Country
Dear John	Taylor Swift	Pop

Through it all, we have all faced these stages, emotions, and course throughout our life. Whether your an adolescent or a wise elder, love is as simple and complex as it will ever be. There are truly no words to describe it. So why not find the answers and your emotions through music. From all ranges of genres, starting from the classical blues to the Pop and R&B, expressions of love is in everything. Music is a beautiful thing <3



Joe Paterno

Not many people are respected and loved as a football coach as much as Joe Paterno was. Joe was a college football coach for many years. From 1950-1965 Paterno was an assistant coach at Penn State and from 1966-2011 he was head coach of the Nittany Lions. Joe Paterno wasn't just a coach for all of his years; he also played in the NFL for the Cleveland Browns from 1946-1949. He played quarterback and cornerback.

Joe Paterno was born December 21, 1926 in Brooklyn, New York. He graduated from the defunct Brooklyn Preparatory School and only six weeks

later he was drafted into the army. Paterno spent his time in the service in Korea before being discharged just in time to start the 1946 school year at Brown University where he played quarterback and cornerback. After playing at Brown and the NFL, Paterno started his coaching career at Penn State and he left one of the most memorable and respected coach in history. Joe Paterno, during his time as coach, led the Penn State Nittany Lions to a 409-136-3 overall record. He also took them to a 24-12-1 bowl record. Paterno won two National Championships as well as three Big

By: Patrick Ryan

Ten Championships. Not many coaches have done what Joe Paterno has done at Penn State. For all of this Joe Paterno holds the most Division 1-A/FBS wins at 409 and most bowl wins at 24, along with many awards he has won throughout the years like Big Ten Coach of the Year three times, Coach of the Year Award and many more. But all of this came to an end last year as Joe Paterno died on January 22, 2012 at the age of 85. Joe Paterno will always be remembered not only for all he has done at Penn State but all he has done to all other coaches throughout college football.



“Paterno holds the most Division 1 College Football wins at 409”



“Many people talk about the importance of honesty in a relationship but seldom practice it.

A Perspective of Lasting Love

In today’s ‘here today, gone tomorrow’ kind of world, a long-term relationship may mean anything longer than several months. Though that may not sound like it’s lasted a long time, most couples call it quits after this allotted it yields trust as well time. With that being said, it’s a rarity to stumble upon a couple who has lasted for a decade or more. Some pearls of wisdom which I was able to obtain on a successful long term relationships go as follows; faith, commitment, honesty and respect.

Faith in God establishes a foundation on which our love begins to develop and bloom. We are shown, as well as taught by our parents from a very young age that God is love. We learn from our parent’s relationship how wonderful love can be. The Bible states, “It is not good

that the man should be alone.” The woman, “flesh of his flesh” is a part of him, completely connected. In Matthew 19:5,6 it is written, “Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh. So they are no longer two, but one. Therefore what God has joined together, let man not separate.” True love is a blessing from God as you stand before Him and take vows to commit yourselves to one another.

Commitment is a decision you must make as your relationship develops. Do you both want the same thing in life? Do you get along most of the time? Do you see yourself with this person for the rest of your life? If the answer is, “No!”, I have been told to run as fast as I can in the other direction. Com-

By: Micaela Maeder

mitment does not mean to just one another, but the relationship as well. Each person must do their part. That includes dishes, laundry, and finances. As you say your vows to one another, “for better or worse, for richer ,for poorer, in sickness and in health, until death do us part. Commitment is a mutual promise realized sealing an everlasting bond.

Many people talk about the importance of honesty in a relationship but seldom practice it. The health and longevity of any relationship depends upon honesty. When there is honesty there is trust, trust gives a sense of confidence to both partners. This confidence inspires commitment. When respect is present in a relationship it yields trust as well.

Movie Review: The Notebook

By: Markie Sandusky

When one thinks “romantic movies” what usually comes to mind is The Notebook. It’s like a modern day Romeo and Juliet and it is among some of the most classic of love stories. It stars Ryan Gosling as Noah and Rachel McAdams as Alie. The story takes place in a nursing home as an old woman looks out of her window and then an elderly man walks in and offers to read her a love story from his notebook, She seems to be con-

fused as to why he wants to read to her and who he is. As he starts to read the story than transitions back to the ‘40s where the main characters Noah sees Alie for the first time and falls head over heels in love for her. After Alie denies Noah at first their relationship starts and with time it grows and they become inseparable until the day he meets her parents. They immediately dislike Noah because he is a poor farmer’s son and they want their

daughter to love someone “better” and in anger the next day move into the city far away from him. Every day for 365 days he writes her a letter but gets none in return, after giving up on their once love Noah takes a trip into the city and sees Alie but she’s with her new fiancé but if you seen the movie you know there’s a few twists and a ending that will make you tear up, but if not you’ll have to watch the movie and see for yourself.



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History of Valentine's Day

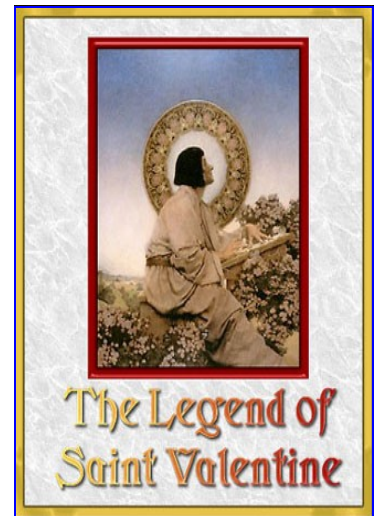
By Middle Ages, perhaps thanks to this reputation, Valentine would become one of the most popular saints in England and France.

In addition to the United States Valentine's Day is celebrated in Canada, Mexico, the United Kingdom, France and Australia. In Great Britain, Valentine's Day began to be popularly celebrated around the 17th century. By the middle of the 18th, it was common for friends and lovers of all social classes to exchange

small tokens of affection or handwritten notes, and by 1900 printed cards began to replace written letters due to improvements in printing technology. Ready-made cards were an easy way for people to express their emotions in a time when direct expression of one's feelings was discouraged. Cheaper postage rates also contributed to an increase in the popularity of sending Valentine's Day greetings.

Americans probably began exchanging hand-made valentines in the early 1700s. In the

1840s, Esther A. Howland began selling the first mass-produced valentines in America. Howland, known as the "Mother of the Valentine," made elaborate creations with real lace, ribbons and colorful pictures known as "scrap." Today, according to the Greeting Card Association, an estimated 1 billion Valentine's Day cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year. Women purchase approximately 85 percent of all valentines.



Breakups by Brendon Stearns

Break ups can be a heart-wrenching ordeal. You can feel depressed about them and this can actually have a negative physical effect on you. There is no such thing as an easy breakup, but there are some ways to break up with people that can hurt less. To break up with someone it should be a face-to-face lunch or cup of coffee. By seeing them face-to-face it shows that you are not afraid to break up, but you still care about them. It gives you a chance to let go of them.

You shouldn't break up for just any reason. If they are cheating on you or they have done something else that is truly terrible. If they are lying to you everyday since the both of you started dating then they should be dumped right away. Otherwise you never know when they are telling the truth.

If you are the person being dumped usually you are the one who feels the most hurt. To get back on your feet can be a hard thing to do. You need to all the

same. The easiest way to get back out there is find some sort of physical activity that takes your mind off of things. Or something else that completely focuses your mind. Also don't be afraid to get back out there. Even if you get rejected once or twice that's okay it is part of life. There is no such thing as a perfect first. Don't be mad or sad if you get dumped or rejected more than once. Keep an open mind and be ready for anything that life can throw at you. Just never let it get you down.

"Keep an open mind and be ready for anything life can throw at you."

