



Dear Parents/Guardians and Student-Athletes,

The IMPACT Baseline Concussion Program is an innovative concussion management program we are providing for our student-athlete's safety. The program involves an online, computerized assessment that each athlete will take prior to the athletic season. **We are asking that our student-athletes take the baseline test at Coral Shores proctored by the athletic training staff. The exam takes about 30-45 minutes and is non-invasive.** The exam is basically set up as a "video-game" format. It assesses and tracks an athlete's neurocognitive function such as memory, reaction time, processing speed, and attention. The exam is completed by the athlete alone and collects concussion symptom information, as well as a concussion history. The information is collected in a confidential manner and will only be shared with the permission of the parent or the student-athlete.

If the athlete is believed to have suffered a concussion during athletic participation, the exam can be taken again and the data is compared alongside the baseline test results. This information is used as a tool to assist physicians in determining the extent of the injury, monitoring recovery, and to help in making safe return-to-play decisions.

If a concussion is suspected by the Athletic Trainer, parents are expected to bring their athlete to a physician with an FHSAA AT18 form (provided by the athletic trainer) in order to begin a graded return-to-play protocol. This form must be signed by the physician both before and after the graded RTP protocol, which will be directed by the Athletic Trainer.

The purpose of this testing is to avoid serious consequences that can occur as a result of a concussion. One of the main reasons concussions are so dangerous is a condition called Second Impact Syndrome (SIS) which occurs when athlete sustains a second concussion before completely recovering from a previous concussion. **SIS is highly fatal, and even when it isn't, it almost always results in permanent disability. At Coral Shores, we understand the competitive nature of sports, but we will always hold the athlete's health and safety as our top priority.** If you have any questions or concerns, please feel free to contact the Athletic Trainer.

Sincerely,

Gabriel Campa, MS, LAT, ATC

305-853-3222 Ext. 56349

I have read and understood the above information and give permission for my athlete to participate in the IMPACT Baseline Concussion Program. **I also agree to ensure a valid test.**

Student-Athlete – Sign: _____ **Date:** _____

Parent/Guardian – Sign: _____ **Date:** _____