

# Dolphin Daily

Week of March 4th

**Week of 3/4/24**

**This week is School Social Workers Week!**

**Wednesday- Spring Pictures- Packets were sent home with information.**

**Thursday- 21st Century Meeting 5:30-7:00 Cafeteria**

**Thank you Keys to Be the Change for your generous donation to our school lunch program.**

## BREAKFAST MENU

<p><b>4</b></p> <p>Strudel Pastry Applesauce Juice &amp; Milk</p>	<p><b>5</b></p> <p>Pancakes Bacon or Sausage Scrambled Eggs Pineapple Juice &amp; Milk</p>	<p><b>6</b></p> <p>Donut &amp; Yogurt Pears Juice &amp; Milk</p>	<p><b>7</b></p> <p>Breakfast Burrito Hash Brown Tropical Fruit Salad Juice &amp; Milk</p>	<p><b>8</b></p> <p>Pancake on a Stick Hash Brown Grapes Juice &amp; Milk PreK: Pancakes w/ Sausage Patty w/ Banana</p>
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## LUNCH MENU

<p><b>4</b></p> <p>Chicken Nuggets w/ Graham Crackers Mashed Potatoes w/ Gravy Grapes (PreK: Banana) Green Beans Juice &amp; Milk</p>	<p><b>5</b></p> <p>Cheeseburger Smile Fries &amp; Baked Beans Apples Juice &amp; Milk</p>	<p><b>6</b></p> <p>Mozzarella Cheese Filled Breadsticks w/ Marinara Sauce &amp; Corn Mixed Berries Cup Juice &amp; Milk</p>	<p><b>7</b></p> <p>Hot Dog Tater Tots &amp; Mixed Veggies Oranges Juice &amp; Milk</p>	<p><b>8</b></p> <p>Pizza Broccoli &amp; Smile Fries Peaches Juice &amp; Milk</p>
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**Get Ready! Next week is our FIRST School Dance!**

GERALD ADAMS ELEMENTARY

**GLOW UP  
AND GET DOWN**

SPRING FLING DISCO

**THURSDAY, MARCH 14TH**

GRADES K-2 from 1-2:30pm

GRADES 3-5 from 5:30-7:30pm

MUSIC, FOOD, DRINKS &  
GLOW WEAR PROVIDED

To volunteer or donate please contact  
Sheri Yoest @ 412-600-8415



**JOIN OUR SAC!**

**Meeting dates are Monthly**

**8:00am Media Center**

**March 13th**

**April 17th**

**May 15th**

**Or join us online at:**

**<http://tinyurl.com/GAESAC>**

S.O.S.  
Foundation

Join us for:

## SOS's Third Annual FIELD DAY!!

**Saturday, March 9th from 10am-1pm**  
**Bernstein Park, Stock Island (6751 5th St.)**

**Featuring**

- Live DJ
- Key West Police Athletic League (PAL)
- Soccer Drills
- Bouncy House
- SOS Nutrition Education Booth
- Arts and Crafts
- Face Painting

& more!

✦ Special Performance by Mike Stack ✦

**Free fun for kids of all ages!**  
*especially ages 4-12*

Sandwiches, courtesy of Jersey Mikes, healthy snacks, and water will be provided.  
For more information visit [www.sosfoundation.org/fieldday](http://www.sosfoundation.org/fieldday) or call (305) 292-3013 ext. 1

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## MARCH MADNESS

March 11-15

MON 11	<b>Kick off IXL Challenge!</b> Classes will compete against each other for the most questions correct!
TUE 12	<b>College Day</b> Wear your favorite college team attire.
WED 13	<b>Celebrate St. Patrick's Day!</b> Dress in your favorite St. Patrick's Day attire or wear green!
THU 14	<b>Pie Day!</b> Celebrate with pie and learn all about our favorite number 3.14
FRI 15	<b>No School</b> Enjoy your Spring Break!

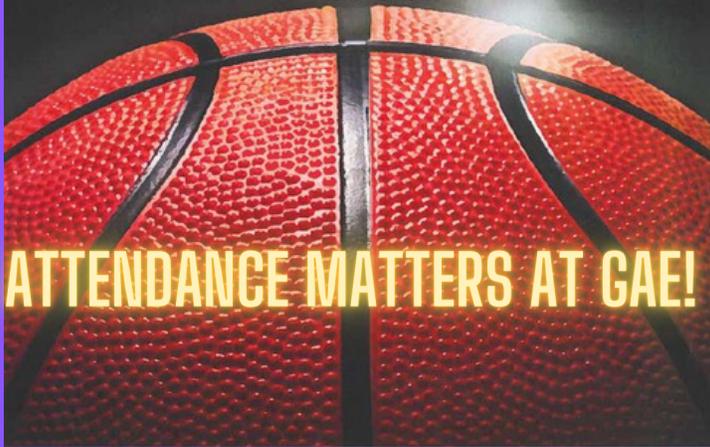
Please note:  
\*\*Any pies sent in for Pie Day MUST be store bought. Please do not send any homemade pies.  
\*\* IXL challenge can also be done at home. :)



# GAE Events

## ATTENDANCE TOURNAMENT

*Celebrate March  
Madness by coming  
to school everyday  
during the month of  
March*



**ATTENDANCE MATTERS AT GAE!**



**PBIS TEACHER AND STAFF APPRECIATION  
EVENT - THANK YOU KWPD AND MCSD**



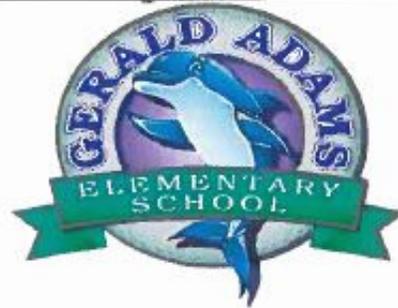


# GAE Events

## PERFECT ATTENDANCE AWARDS



PBIS TEACHER AND STAFF OF THE MONTH- ASHLEY MELLIES AND JONI DISSON



Mrs. Orcutt's Counselor's Corner

March 2024

## Small Group Counseling



- Exploring emotions heavy feeling VS light feelings
- Coping strategies; Belly Breathing, Chillax in My Head, Shake Out the Yuck & Float Your Boat.

## Test Taking Tips

- Take a few deep breaths and relax tense muscle - repeat throughout the test.
- Read directions carefully - ask questions.
- Answer easier questions first - this will help calm you down.
- Manage your time and keep an eye on the clock.

## Parent Tips & Tricks

### PARENT INVOLVEMENT



- Stay involved and feel free to contact your child's teacher with any questions or concerns.
- Ask your children about school and encourage them to talk about their day. Ask open-ended questions.
- Make sure your child is getting plenty of sleep and is ready for school each day. Be present and on time.
- Teach your children to be responsible for their actions; of what they say and do.
- Read with your child every night.



# Florida Assessment of Student Thinking (FAST) & Computer Adaptive Testing (CAT)

## Parent Info

### What is CAT?

- Online assessment that is adjustable based on student answers
- Grade level content only (does not go above or below current grade level)
- PM3 Testing Dates: Writing 4/1-4/12, FAST ELA , Math and Science 5/1-5/31

### Which tests are CAT?

- FAST K-2
- FAST 3-10 ELA
- FAST 3-8 Math
- Algebra 1
- Geometry EOC
- 2024-2025 Science & Social Studies

### How can I help my child?

- ✓ Access the FAST Family Portal to review PM1 and PM2 scores to set goals with your student. Each test picks up at the level the student left off at, encourage them to do their best on every test.
- ✓ Encourage them to do their best on every question before moving onto the next. This prevents the test from leveling down on the next question.
- ✓ Encourage students by saying, "The harder it gets, the better you are doing!" The more success in challenging content will earn a higher scale score.
- ✓ Use scratch paper to keep notes and work out problems.
- ✓ Use resources at home such as IXL, FAST practice tests, etc.
- ✓ Visit the FAST Portal for additional information.
- ✓ Review Achievement Level Scores so that your child understands their progress:

Achievement Levels				
1	2	3	4	5
<b>Well Below Grade Level:</b> Likely to need substantial support for the next grade/course	<b>Below Grade Level:</b> Likely to need substantial support for the next grade/ course	<b>On Grade Level:</b> May need additional support for the next grade/ course	<b>Proficient:</b> Likely to excel in the next grade/ course	<b>Exemplary:</b> Highly likely to excel in the next grade/ course



# FAST

FLORIDA ASSESSMENT OF STUDENT THINKING

## Computer Adaptive Tests (CAT) are:

- Taken Online
- Adjustable based on student answers
- Grade level content only (does not go below grade level)
- Utilized for FAST ELA, Math & B.E.S.T. EOCs
- Based on **Florida B.E.S.T. Standards** OR based on previous **FAST** Test results

## FAST STUDENT INFO

### *Tips for Success*

2023-2024

Take your **TIME** and do your **BEST** on **EACH** item before moving onto the next question or set of questions.

You **MUST** answer **EVERY** question with your **BEST** educated guess before moving on, but you can flag a question you would like to go back to and review at the end of the test.

The harder it gets, the **BETTER** you are doing!  
The more success in challenging content will earn a **HIGHER** scale score.

Try your **BEST** and take your **TIME** on each question. If you do not know the answer to a question, make your **BEST** educated guess based on the information you have.