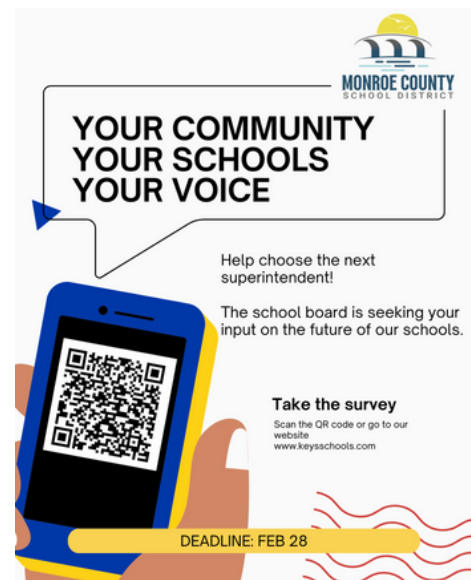# CANES COUNSELORS

February 2025

Tips for a Successful February

As we head into February, it's a great time for students and parents to refocus and set goals for a strong second half of the school year. Here are a few suggestions to ensure success:

1. **Stay Organized**: Make use of planners or digital calendars to keep track of important dates, assignments, and exams. Staying on top of deadlines will help reduce stress.
2. **Develop a Study Routine**: Consistent study habits are key. Set aside specific times each day for focused study to stay ahead of assignments and prepare for tests.
3. **Get Involved**: Participate in school events, clubs, or extracurricular activities to build a balanced routine and create positive connections.
4. **Ask for Help When Needed**: Teachers are here to support students. Don't hesitate to ask for clarification or extra help if you're struggling with a topic. Tutoring is available every Monday and Thursday after school.
5. **Prioritize Well-being**: Balancing academics with self-care is crucial. Ensure students are getting enough sleep, eating well, and making time for relaxation.

Let's work together to make February a productive and fulfilling month!

Superintendent Search

MONROE COUNTY SCHOOL DISTRICT

YOUR COMMUNITY YOUR SCHOOLS YOUR VOICE

Help choose the next superintendent!

The school board is seeking your input on the future of our schools.

Take the survey
Scan the QR code or go to our website
www.keysschools.com

DEADLINE: FEB 28

Important Dates

- February 11 – Q3 Progress Reports Posted
- February 11 – Citizens input for Superintendent Search 6PM
- February 13 – Blood Drive
- February 14 – Teacher Work Day (No Students)
- February 17 – No School
- February 25 – Career Fair (11th & 12th Grades)
- February 25 – SAC Meeting 4:45PM (Media Center)
- March 6 – Hurricane Showcase

CANES COUNSELORS
February 2025

Cyber Safety Tips

Cyber safety is essential for high school students as they navigate the vast digital world, where exciting opportunities come with risks. In today's online environment, it's crucial to stay informed about how to protect personal information, avoid cyberbullying, and ensure overall online safety. Here's an overview of why cyber safety matters and practical tips to help students and parents stay safe:

Why Cyber Safety Matters
High school students are vulnerable to a variety of online threats, such as:
- *Phishing* (fraudulent attempts to get personal information),
- *Identity theft* (where personal details are stolen to commit fraud),
- *Online predators* (individuals who exploit young people for harmful purposes).
- Additionally, oversharing personal information and pictures on social media can have serious consequences. This includes putting oneself at risk for privacy violations, unwanted attention, and even exploitation. Students should be reminded that once something is shared online, it can be very difficult to fully remove it. Parents should emphasize the importance of being cautious when it comes to posting photos, location information, and other personal details.

Key Tips for Cyber Safety
1. *Use Strong, Unique Passwords*:
   - Strong passwords protect accounts from being hacked. Avoid using the same password across multiple accounts.
   - Consider using a password manager to securely store passwords and generate strong ones.
2. *Monitor Online Activity*:
   - Parents can track screen time and monitor the apps or websites their children are using.
   - It's also important to foster open conversations about the digital spaces their children visit. Encourage regular check-ins and keep the dialogue going.
3. *Be Aware of Phishing Scams*:
   - Teach students to never click on suspicious links or give personal details to unknown websites.
   - Remind them to double-check the source of emails or messages that seem too good to be true.
4. *Think Before You Post*:
   - Don't Share Personal Information or Pictures: Students should be cautious about sharing personal details such as addresses, phone numbers, or school names, as well as photos that could be used against them or misused. Even seemingly innocent photos or information can lead to unintended consequences.
   - Once something is posted online, it's hard to fully erase it. Encourage students to be mindful of photos, comments, and messages they share online. Remind them that what they post could impact their reputation long-term, even if they delete it later.
5. *Know How to Report Cyberbullying*:
   - If a student experiences or witnesses cyberbullying, they should be encouraged to report it to both the platform and trusted adults.
   - Teach students that they should not respond to bullies and instead report the incident and block the person responsible.

Helpful Resources for Families
To further educate both students and parents about online safety, here are some reputable websites offering valuable resources:
- <u>Stop.Think.Connect</u>. – A campaign offering tips and tools for staying safe online.
- <u>Common Sense Media</u> – Provides guidance on digital parenting and reviews of apps, games, and websites.
- <u>Cyberbullying Research Center</u> – Offers resources for understanding and preventing cyberbullying.
- <u>Stay Safe Online</u> – Provides cybersecurity information and tips on how to protect personal information.

By staying informed and having open, ongoing conversations about online activities, students and parents can work together to create a safer digital environment. With these strategies in place, everyone can play a part in ensuring online safety.

STAY CONNECTED THROUGH FOCUS PARENT PORTAL

BELONG EXCEL SUCCEED TODAY - BE YOUR B.E.S.T.

MCSD's FOCUS Parent Portal provides parents and guardians a real-time view of their child's grades, attendance information and progress monitoring results.

HOW TO REGISTER:

01 GO TO KEYSSCHOOLS.COM
In the right-hand corner, click Parents. From the menu, select Parent Resources. Under Other Parent Resources, click FOCUS Parent Portal Registration.

02 CREATING YOUR ACCOUNT
If you are creating an account for the first time, click the orange box that says "I DO NOT HAVE a FOCUS Parent Portal Account and would like to create one (even if my child is already enrolled)" link at the center of the page.

03 ENTER PARENT INFORMATION
Enter your First and Last Name exactly as it appears on your identification. Then enter your active email address and create a password.

04 LINK YOUR CHILD
You will now click "I would like to ADD A CHILD who is already enrolled" to link your child to your account. Enter your child's Student ID number (begins with 44000) and Birth Date for MM/DD/YY then click add student. Repeat these steps to add any other children.

05 FINISH
Once you have successfully added all desired children, click "I am FINISHED adding students. Please take me to the Portal."

Already registered? Login to the Portal directly from our District site under the 'Parents' tab.

*Note in the future you will need to use the username provided and the password you create to access your portal again.

Monroe County School District   (305) 293-1400 (EXT 53144)   241 Trumbo Road Key West, FL 33040

FOCUS

IT'S No Joke!

SCHOOL TEXT TIPS

FORTIFYFL

FALSE REPORTING
ON SOCIAL MEDIA, SCHOOL TEXT TIPS, OR FORTIFY FL

IT'S NOT A JOKE.
#THINKBEFOREYOUPOST

www.fbi.gov

Hacer una amenaza o un informe falso es un delito.

Fè yon menas oswa yon fo rapò se yon krim.

IF YOU COMMUNICATE A THREAT TO KILL, DO GREAT BODILY HARM, CONDUCT A MASS SHOOTING OR AN ACT OF TERRORISM IN A WAY THAT ANOTHER PERSON CAN VIEW IT, YOU ARE COMMITTING A **SECOND-DEGREE FELONY** UNDER SECTION 863.10, FLORIDA STATUTES.

FALSE REPORTS ON FORTIFYFL ARE NO JOKE!

IF IT IS FOUND THAT ANY PERSON, PARENT OR CHILD KNOWINGLY SUBMITTED A FALSE TIP, THROUGH FORTIFYFL OR ANY OTHER TIP REPORTING TOOL, INFORMATION ON THE DEVICE USED TO MAKE THE CLAIM WILL BE PROVIDED TO LAW ENFORCEMENT, AND THE PERSON MAY BE SUBJECT TO CRIMINAL PENALTIES.

ATTENTION CORAL SHORES PARENTS! PLEASE VISIT THE NEW

CANE'S COUNSELORS PARENT RESOURCES WEBSITE

https://www.keysschools.com/Page/7300

HURRICANES CS

Monthly Newsletters, Family Resources, Tutoring Information & More!

Hear something? See something?
DO SOMETHING!

STOP SCHOOL VIOLENCE

Help Keep Our School Safe

HURRICANES CS

CORAL SHORES SCHOOL

How you can help:

Hear about any threats of violence to the school? Drugs on campus? Bullying? Suicide thoughts or talk?

Simply text a message to school officials with any information you think they should know.

Your name and number will be blocked so you will remain anonymous. If you do wish to be contacted, be sure to include your name and phone number in your text.

Text Service Provided By:

SCHOOL TEXT TIPS.com

100% ANONYMOUS

TEXT TIPS TO (305) 432-3364

No tip is too small, but remember that it is a crime to intentionally send in a false or misleading tip. For more information visit http://schooltexttips.com or speak to your school officials.

CORAL SHORES HIGH SCHOOL

AFTERSCHOOL TUTORING

Mondays & Thursdays
2:45 - 4:00PM

Tutoring is available in all core subject areas and SAT/ACT.

A bus is available for transportation at 4PM.

MEET MRS. RUIZ OUTSIDE THE CAFETERIA

FORTIFYFL
SUSPICIOUS ACTIVITY REPORTING APP

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.

FortifyFL

#FORTIFYFL GETFORTIFYFL.COM

App Store   Google Play

DOWNLOAD NOW

FLORIDA DEPARTMENT OF EDUCATION