

Canes Counselors September Newsletter

A note from your Canes Counselors

Such an exciting beginning to the new school year! It's incredible how we are nearly halfway through the first quarter already. The campus is buzzing with so many fantastic activities! Fall sports have kicked off splendidly, and Club Rush is just around the corner next week! Get engaged and discover your passion! Remember, you can't participate if you're not present - Attendance Matters.

Senior Updates

CommonApp - Make sure you are selecting Ms. Haddad as your counselor when completing CommonApp.

Scholarships - Some have already been posted. Check the College and Career Website and the Counselor Google Classroom regularly.

ADMISSIONS

2024/2025

SENIORS - What should you be doing right now?

- SIGN UP FOR COMMONAPP!
- Research the programs/ schools you are interested in and check out their admission requirements.
- Schedule your next SAT test if you aren't happy with your current score.
- Talk to your family about scheduling college tours
- Continue volunteering and submitting community service hours!
- Start your essay - you can't write it in a day!
- Submit a request for your unofficial transcripts. You need them for SARI!
- Start familiarizing yourself with the FAFSA website.
- Start updating your resume.
- Start getting your letters of recommendation.

JUNIORS - What should you be doing right now?

- Get involved! Join a club or after school activity.
- Sign up for the SAT/ACT.
- Start researching colleges, vocational schools, or military branches you could be interested in.
- Keep working on community service hours.

CORAL SHORES HIGH SCHOOL

Important Dates

- SAT DATES:
 - August 24
 - October 5
 - November 2
 - December 7
- ACT DATES:
 - September 14
 - October 26
 - December 14
- CSHS College Fair
 - September 9
- Mark college application due dates on your calendar.
- FAFSA Opens: October 1 (estimated date)
- ASVAB - Date TBD (usually in November), check the announcements!

Contact Me:

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Important Dates

Sept 6-Senior Sunrise - 6:45AM
Sept 9-College Fair (11-12)
Sept 10-FAST PM | 10th grade
Sept 11-FAST PM | 9th grade
Sept 12-FAST Retakes (11-12)
Sept 12-Club Rush (Both Lunches)
Sept 17-Progress Reports
Sept 18-SAC 6PM Media Center
Sept 24-Picture Day (9-11)
Sept 25-Picture Day (12)
Sept 25-PBIS Snack Cart (Homeroom)
Sept 26-Algebra Retakes
Sept 27-Geometry Retakes
October 17-Report Cards

Coming Soon

After School Tutoring
PSAT (10-11)
ASVAB
Early Application Deadlines (12)
Parent College Info Night

FOCUS PARENT PORTAL

BELONG EXCEL SUCCEED TODAY - BE YOUR B.E.S.T.

STAY CONNECTED THROUGH FOCUS PARENT PORTAL

MCSD's FOCUS Parent Portal provides parents and guardians a real-time view of their child's grades, attendance information and progress monitoring results.

HOW TO REGISTER:

- GO TO KEYSSCHOOLS.COM**
In the right-hand corner, click **Parents**. From the menu, select **Parent Resources**. Under **Other Parent Resources**, click **FOCUS Parent Portal Registration**.
- CREATING YOUR ACCOUNT**
If you are creating an account for the first time, click the orange box that says "I DO NOT HAVE a FOCUS Parent Portal Account and would like to create one (even if my child is already enrolled)" link at the center of the page.
- ENTER PARENT INFORMATION**
Enter your First and Last Name exactly as it appears on your identification. Then enter your active email address and create a password.
- LINK YOUR CHILD**
You will now click "I would like to ADD A CHILD who is already enrolled" to link your child to your account. Enter your child's Student ID number (begins with 44000) and Birth Date for MM/DD/YYYY then click add student. Repeat these steps to add any other children.
- FINISH**
Once you have successfully added all desired children, click "I am FINISHED adding students. Please take me to the Portal."

*Note in the future you will need to use the username provided and the password you create to access your portal again.



Already registered?
Login to the Portal
directly from our
District site under
the 'Parents' tab.

FOCUS

ATTENTION CORAL SHORES PARENTS!
PLEASE VISIT THE NEW

CANE'S COUNSELORS PARENT RESOURCES WEBSITE

<https://www.keysschools.com/Page/7300>



Monthly Newsletters,
Family Resources,
Tutoring Information
& More!

JOIN THE CANE'S COUNSELORS GOOGLE CLASSROOM



Class Code: m57gdja

FIND INFORMATION ABOUT:
COMMUNITY SERVICE
TUTORING
CLUBS AND SPORTS
FAMILY RESOURCES
AND MORE!

Canes Counselors September Newsletter

Six Tips to Start the New School Year Strong (For Students and Parents)

Published by: The Sycamore School

A new school year is always full of excitement and possibility, but it can also bring with it some fear and anxiety. Whether you are a student, parent, or teacher, the beginning of a new school year brings a unique sense of anticipation. This can be especially true for students starting in a new school or a new grade. What are the teachers going to be like? Will the other kids be friends with me? These are questions students might be asking themselves. As parents, we know you want your child to be happy and successful. Let's explore six tips to start the new school year strong for parents and students.

1. Embrace Change - Every new school year is a chance to start over. You can think of a new school year as a fresh start, a time to embrace the "what-ifs" and potential for growth. Though new beginnings can be scary, we ask students to open their minds and look at the new year as an opportunity to approach change with a positive attitude. After all, change often leads to personal growth and development.

2. Develop a Routine - Although they might give you an earful about it, kids need structure. Structure makes children feel safe; they want to know what to expect. Many students struggle with how to approach tasks in an organized fashion. Sometimes, inside, they feel chaotic and need their environment to provide some much-needed structure. Building routines into your child's daily schedule, like regular bedtimes, designated areas to put their belongings, and a morning "getting ready" checklist, can help students know what to expect each day and get help them start the new school year strong.

3. Set Goals for the New School Year - Setting goals is one of the most important things to do to start the new school year strong. The goals can be personal, academic, or extracurricular. Having an idea of what students want to accomplish in their new school year can keep them motivated.

4. Build Strong Relationships - For many kids, the thought of making new friends and socializing with them can be scary. It's best when this happens organically through shared interests or activities. This could be through a sport, an after-school club, or something else. What is your student really interested in? Use that to begin the process of helping them build relationships. Building positive relationships with teachers, classmates, and school staff is also essential. Building positive relationships with the people your student sees daily will give them a support system that's invaluable throughout the school year. This also gives them people they can go to when seeking guidance or asking questions at school.

5. Stay Organized - This is a big one for students. Starting the year by establishing effective organizational strategies will be huge in the long run. How many times have you seen them shove papers into their backpack and wonder how they will ever find them again? This might be helping them put together a binder or a notebook with tabs for each class. They may need a calendar with deadlines written down so they don't forget. Staying on top of school and keeping everything organized can help ease students' anxiety. As teachers, many of us have also struggled with organization.

6. Self Care - It is always essential to prioritize self-care, especially during the craziness of a new school year. Self-care looks different for every student. It could include daily movement, maintaining a balanced diet, finding time for creativity, or even getting enough sleep. One crucial factor is matching your child's temperament with their schedule. Some kiddos love to be active and are eager to sign up for after-school clubs and activities. Other children want to come home from school and decompress by reading a book or having some alone time. Engaging in one activity a week is plenty for some students, while others might push you to sign up for too many. You must balance their preferences with what you feel is the best schedule for them AND what you can manage as a parent. If you are racing from practice to practice and are constantly stressed out, that's not good for anyone. Setting a two-activity limit is reasonable and even preferable. It allows your child to prioritize activities they love and/or want to engage in. If your child is still struggling, they should seek help from counselors or trusted adults at their school.

Start the New School Year Strong - Starting a new school year is like embarking on an exciting but nerve-wracking adventure. It allows one to embrace the change while establishing new goals and routines. Following our six tips to start the new school year strong will set your family up for success all year long. Remember that your student can achieve great things with a positive outlook. Here's to a productive and rewarding new school year!

(<https://thesycamoreschoolva.org/six-tips-to-start-the-new-school-year-strong/>)



FORTIFYFL
SUSPICIOUS ACTIVITY REPORTING APP

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.

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Student information and more...at your fingertips!

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Overview
Donald Bryce Aguayo

Q1	Q2	Q3	Q4
01/01/2022 - 05/12/2022			
PE Class			Attendance
01: HOPE-PE V - John Carrasco	0	0	0 88%
02: EMO 4 - Donna Kasper	0	0	0 NG
04: AP BIO - Carol Whitney	0	0	0 NG
05: CIVIC PROMIS LAYOUT DOK - Estelita Armenta	0	0	0 NG
06: THEATRE 2 - Blanca Alencio	0	0	0 NG
07: NC STUDY HALL 1 - Xiomara Rueda	0	0	0 NG



APPLY NOW FOR FREE OR REDUCED MEALS FOR THE 2024-2025 SCHOOL YEAR!

SCAN THE QR CODE ABOVE OR VISIT FRAPPS.HORIZONSOLANA.COM/MONC02

FRAPPS.HORIZONSOLANA.COM