



CANES COUNSELOR

February Newsletter



UPCOMING DATES

2/6 Progress Reports Posted

2/19 No School

2/27 Career Fair

2/27 Early Release

CAREER FAIR

Attention Seniors and Juniors!

Are you looking for a job that may lead to a **CAREER**? Meet local employers who are ready to hire high school students and soon-to-be graduates!

8:30 AM - 10:30 AM

February 27, 2024 Coral Shores HS
February 28, 2024 Marathon HS
February 29, 2024 Key West HS

Employers/Businesses please click on QR Code to register

EFFECTIVE STUDY METHODS AND TIPS FOR HIGH SCHOOL STUDENTS

1. Before you study, schedule your time.

Plan to study for about two hours each dedicated study night, five nights per week. It helps to schedule your time by writing down your study goals at the beginning of the week and then estimating how much time each task will take. You should also assess the urgency of each task and schedule more urgent tasks for the beginning of the week.

- Study at a set time.
- Study in a setting similar to the testing environment.

2. Learn the tricks for efficient note-taking.

The more comprehensive, legible, and organized your notes are, the easier it will be for you to study them. Notes can increase your recall of important information and can be used to call out important topics or ideas that you need to revisit.

- Create your own bullet system
- Shorten your notes by using abbreviations and symbols.
- Feel free to get creative.

3. Use your study time wisely.

Having set a schedule and your study topic priorities is a good start, but be ready to follow through by maintaining your focus when it's time to crack the books.

- First, make a conscious effort to stay away from distractions
- Don't study right before bedtime
- Take frequent breaks.
- Avoid multitasking

4. Use creative study tools.

If you can add a level of enjoyment or entertainment to your study sessions, you'll be more motivated to get started and to stick to it each night.

- Turn your notes into flashcards.
- Visualize tough concepts by turning them into pictures or stories.
- Study with friends.

5. Keep yourself healthy.

You can't be on your "A" game if you aren't taking care of yourself. Being tired or hungry or worked up can adversely affect your focus and ability to remember information.

- Make sure you are getting enough sleep!
- Get vitamins and nutrients, and avoid junk food.

Adapted from:

<https://www.connectionsacademy.com/support/resources/article/4-steps-to-forming-effective-study-skills-in-high-school/>

February Attendance Challenge

HOW SWEET IT IS TO BE AT CORAL SHORES!

All students who have perfect attendance* for the month of February will be entered into a sweet drawing! Two students from each grade level will win a fabulous prize!

*No absences or tardies. School related absences and sports do not count.



CANES COUNSELOR

Community Service Opportunities

5th Annual Pascal Weisberger Day of Service: February 2

February 2nd is the 5th Annual Pascal's Day of Service. In honor of Pascal, there will be a community shoreline cleanup at Harry Harris Park from 4-6 pm. For more information or to share your photos, visit the Pascal's Way Facebook page.

Mardi Gras Gala: February 9 | 5-11pm

San Pedro Catholic Church is looking for volunteers to help with their Mardi Gras Gala. Students should contact Eris Smith at 305-393-0560 if interested.

Ocean Dreams Health Festival: February 17 and 18

When: Friday, February 16, 2024, 12:00pm-5:00pm (Set Up Only Day), Saturday, February 17, 2024, 9:00am-7:30pm (Festival), Sunday, February 18, 2024, 10:30am-6:00pm (Festival)

Where: Key Largo Park 500 St. Croix Place Key Largo, FL 33037

They are looking for people to work shifts assisting in the following areas. The more people they can procure, the shorter the shifts will be.

- Sat/Sun-Trash-Emptying trash cans throughout the days of the event. Replenishing trash can liners.
- Sat/Sun-Welcome Tent-Welcoming the fair participants, handing them a brochure, answering questions.
- Sat/Sun-Coordinator for Presenters on Stage-There will be presenters on stage throughout the two days. We are looking for someone to gather that person to the stage area. Getting them to the mike and notifying them when their presentation time is over.
- Fri/Sun-Signage. Placing lead in signs Friday evening. Removing them Sunday evening.
- Friday-Direct Vendors to their set up area
- Friday-Set up Tents and mark where vendors will be
- Sat/Sun-Concession Stand-shifts to work at the concession stand
- Poster/Flyer Distribution-Beginning 2/1 place posters and flyers throughout the Upper Keys

We are grateful for any and all volunteer assistance. Anyone who is available -can contact DeeDee Ellis, via Text or Call on her cell 305-467-2079 or via her email address deedee.c.ellis@gmail.com

Oasis at the Keys Nursing and Rehab - Ongoing

Looking for student volunteers to help with a variety of programs. Contact Gloria Holmes at gholmes@oasiskeys.com.

Key Largo Library - Ongoing

The Key Largo Library is looking for students interested in serving on a Teen Advisory Council to help the library create and run programs for children of all ages. If you are interested in volunteering send an email to truesdale-nancy@monroe-fl.gov.

CORAL SHORES HIGH SCHOOL

AFTERSCHOOL TUTORING



Mondays & Thursdays
2:45 - 4:00PM

Tutoring is available in all core subject areas and SAT/ACT.

A bus is available for transportation at 4PM.

MEET MRS. RUIZ
OUTSIDE THE CAFETERIA

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