

Are there any circumstances in your life that might have had a negative impact on your academic performance?

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What are your proudest accomplishments?

Academic \_\_\_\_\_

Personal \_\_\_\_\_

Rank yourself in the following categories with a 1 being lowest & a 10 being highest:

Energy	_____	Self-Confidence	_____
Independence	_____	Reaction to Criticism	_____
Originality	_____	Sense of Responsibility	_____
Leadership	_____	Respect for Teachers	_____

What should a college admissions director know about you as a student that cannot be measured by grades and/or test scores? \_\_\_\_\_

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Explain the extent of your out of school and extra-curricular activities (hobbies, sports, work, etc...)

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What activity has been most meaningful to you and why \_\_\_\_\_

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Please record your participation in any extra/co-curricular activities here. Indicate membership with a simple checkmark. If you held an office, indicate that with a P – President, V – Vice President, S – Secretary, T – Treasurer, and H – Historian.

ACTIVITY	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
Student Government				
Spirit Club (Cheerleading, 300 Club)				
Art Club				
Athletic Trainer				
Business Coop. Ed. (DCT)				
BLA				
Future Educators of America				
Foreign Language Club				
FYIT				
Academic Honor Society (Science, Social Studies, etc.)				
National Honor Society				
Music Honor Society				
National Forensic League (Debate)				
Chess				
Yearbook				
Newspaper/Journalism				
Athletics (please indicate which sports)				
Other				